



The *Salty* Fall League

for 7th & 8th Grade volleyball players in NW Iowa

-The Program-

The goal hasn't changed since last year, our first doing this JH Fall League. We're all about getting enthusiastic, motivated players together to play a wonderful sport. Our staff plans to conduct 10 sessions this fall with a focus on the development of each player's skills within the context of dynamic game play. Each 1.5 hour session will be aimed at facilitating improvement, camaraderie, and joy for those involved. You'll get a t-shirt, too!



-Registration-



We will accept the first 24 athletes in each grade that register and pay. **If interested, let Owen know by email!** ohoegh@gmail.com

We will send you a link to register and pay the **\$250** fee for the league. Various online payment options will be available. Then, it's time to play!

-Session Dates/Times-

We hope most of these dates will work for your daughter to attend. It is structured around JH and HS VB seasons & gym availability. The sessions will be at the Hull Community Building and the Ranschau Gym near Rock Valley (3469 Dogwood Ave). There are two Sunday afternoon sessions and eight weekday evening sessions.

7th: 10/12 , 10/18 (2-3:30pm), 10/20, 10/25 (2-3:30pm), 10/29, 11/9, 11/12, 11/16, 11/19, 11/23
All 7th grade WEEKDAY sessions will go from 6-7:30pm

8th: 10/12 , 10/18 (3:30-5pm), 10/20, 10/25 (3:30-5pm), 10/29, 11/9, 11/12, 11/16, 11/19, 11/23
All 8th grade WEEKDAY sessions will go from 7:30-9pm

Any questions?

Send them to the Salty VB Club Director, Owen Hoegh, at ohoegh@gmail.com .